



Mentorship and Leadership Programs Resource Guide



October 2021

Mentorship Programs

Available around Arizona

Aid to Adoption of Special Kids (AASK)

Aid to Adoption of Special Kids (AASK) has a mission to ensure every child in foster care in Arizona has someone who cares deeply about them. They have witnessed time and time again the immense difference it makes when a child has a committed, caring adult in his or her life. They recruit, train, and support families who are building relationships with children through foster care. Mentors for older teens and young adults offer more than emotional support. They provide guidance in learning life skills as youth transition from foster care to independent living.

Email: Info@aask-az.org

Phone: (602) 254-2275

Address: 2320 N 20th St, Phoenix, AZ 85006

Website: www.aask-az.org/

Facebook: www.facebook.com/AidtoAdoptionofSpecialKids/

Aim Right Ministries

Youth describe Aim Right as a place where they are loved, encouraged, safe, and where they build community. They say that Aim Right is “life-changing,” “home,” and “awesome.” Through each of their youth programs listed below, the young people in the community are hearing the transformational power of the Gospel. Programs include: City Night, Impact Night, & Teen Camp.

Email: Info@aimright.org

Phone: (602) 462-1987

Address: 1013 N. 13th St., Phoenix, AZ 85006

Website: www.aimright.org/

Facebook: www.facebook.com/aimrightphx/

Alice Cooper's Solid Rock

A faith-based organization, Solid Rock's primary mission is to make an everlasting difference in the lives of teens by helping them meet the spiritual, economical, physical, and social needs of teens in the community by offering a safe, engaging environment during non-school hours. Maintaining “a teen's worst enemy is too much time on their hands,” Solid Rock provides the music, arts, vocational programs and fellowship that challenge teens to discover their passion through music, dance, video and sound production, self-expression, and creativity. They offer art classes, music lessons and dance classes, individual rehearsal spaces, recording classes, songwriting classes, and discussion groups. The Teen Center is FREE and open to all teens 12-20 years old Monday through Friday from 2:00 pm to 7:00 pm.

Email: Joy@alicecoopersolidrock.com

Phone: (602) 522-9200

Address in Phoenix: 13625 N 32nd St, Phoenix, AZ 85032

Address in Mesa: 122 N Country Club Dr, Mesa, AZ 85201

Website: www.alicecoopersolidrock.com/

Facebook: www.facebook.com/acsolidrock/

Arizona's Children Association

Arizona's Children Association support services and mentor program is designed to aid foster care youth between the ages of 16 and 21 who have or will be transitioning out of Arizona State or Tribal Foster Care. They provide skills and support to more than 1,000 youth and young adults in their transition into independence each year by assisting them in gaining skills for self-sufficiency.

Eligibility

- 16 to 21-year-old males and females
- Have expressed wanting a mentor
- Participate in their Young Adult Services Program
- Currently involved with the Department of Child Safety or working with the Transitional Independent Living Program
- Reside in group homes, foster homes, respite homes, kinship homes, residential treatment centers, and transitional living placements located throughout the state
- Youth are matched with their mentor based on interests and location

Email: Info@arizonaschildren.org

Phone: (800) 944-7611

Address: 3636 N. Central Avenue, Suite 200, Phoenix, AZ 85012

Website: www.arizonaschildren.org/transitional-support/

Facebook: www.facebook.com/arizonaschildren/

Arizona Department of Juvenile Corrections (ADJC)

The Arizona Department of Juvenile Corrections (ADJC) Mentoring Program assists high risk youth to be successful as they transition back to their communities. It is a faith-based program that also includes community and secular mentor opportunities so that all youth have access to their individual preference. The goal of their Mentoring Program are to provide high risk youth with a caring adult who can:

- Participate in the youth's transition planning;
- Help the youth prioritize and set goals;
- Be a friend and a role model;
- Support and encourage the youth;
- Assist the youth and their family with practical needs through faith and community contacts;
- Introduce youth to work experience opportunities through faith and community contacts; and
- Be called upon in a variety of ways that are individual to the needs of the youth.

The Mentoring Program requires that youth and mentors are gender matched and when possible, youth and mentors will be the same race/ethnicity, be in proximate geographic locations, and have similar interests. ADJC staff are expected to have contact with mentors for mentoring and supervision purposes two (2) to four (4) times per month and mentors are expected to provide ADJC staff with written/oral reports regarding their contacts with youth on a monthly basis.

Email: MCowie@azdjcc.gov

Phone: (602) 542-4302

Address: 1624 West Adams St., Phoenix, AZ 85007

Website: adjc.az.gov/mentoring-program

Facebook: www.facebook.com/AZDJCC/

Big Brother Big Sisters of Central Arizona

For more than 60 years, Big Brothers Big Sisters of Central Arizona has operated under the belief that inherent in every child is the ability to succeed and thrive in life. Big Brothers Big Sisters makes meaningful, professionally supported matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 18, in Maricopa County and Pinal County. They develop positive relationships that have a direct and lasting effect on the lives of young people. Please consider being a volunteer mentor or making a gift to help children in the community who need and deserve mentors build self-confidence and realize their potential.

Email: Info@bbbsaz.org

Phone: (602) 264-9254

Address: 1615 E Osborn Rd, Phoenix, AZ 85016

Website: www.bbbsaz.org/about/programs/

Facebook: www.facebook.com/BBBSAZ/

Boys & Girls Club of the Valley

Boys & Girls Clubs of the Valley empowers young people, especially those who need them most, to reach their full potential as productive, caring, responsible members of the community. AZYouthforce is a new workforce development program of Boys & Girls Clubs of the Valley to help teens identify interests and learn how they can apply these skills to the workplace for their future. Young adults who are selected for the program will have unique paid internship opportunities through AZYouthforce to explore a variety of careers and pathways and develop their own personalized plan for success. Teens selected for the program will take part in their AZYouthforce to learn financial literacy, communication, and interview skills, and so much more to prepare to succeed!

Address: www.bgcaz.org/all-clubs-locations/

Website: www.bgcaz.org/

Facebook: www.facebook.com/BGCArizona/

Fresh Start Women’s Foundation

At Fresh Start, they believe in the idea of women supporting women. Their Mentoring Program has been in place for over 20 years and provides each woman with the opportunity to receive long-standing and committed support from professional women and their peers in both one-on-one and group support environments. Women in the Mentoring Program are committed to making significant changes in the personal and professional aspects of their lives. The Mentoring Program enables each woman to receive the support she needs to be able to identify, work through, and achieve the personal and professional goals that are most important to her. The mentoring model for support assists each woman in achieving her own long-term success and empowers her to provide the same support to her family and community. Fresh Start Women’s Foundation provides their clients with the chance to get guidance, support, and inspiration from successful women in the community.

As a Mentee, you will be matched with a Mentor based on your professional profiles. Your Mentor will act as a trusted advisor and cheerleader, helping you pinpoint professional goals and encouraging you on the way to achieving them. For added accountability, Mentors/Mentees meet two times per month, once in-person and once virtually through phone, email, or in-person, and attend ongoing Mentoring Program workshops and events at Fresh Start.

For more information and questions:

Mentoring Program Manager, Jennifer Koeller: jkoeller@fswf.org.

Email: Info@fswf.org

Phone: (602) 252-8494

Address: 1130 E. McDowell Road, Phoenix, AZ 85006

Website: www.freshstartwomen.org/our-services/support-services/mentoring

Facebook: www.facebook.com/freshstartwomensfoundation/

Gateway Community College (skill center)

Gateway Academic Nexus Advancing Students (GANAS) is a program designed to create a network of Latinx student leaders through building community, providing mentorship, and equipping students with critical skills needed to advance as leaders in their intended career fields. If you are interested in joining GANAS, email zachary.romo@gatewaycc.edu for more information.

Email: Info@gatewaycc.edu

Phone: (602) 286-8000

Address: 1245 E. Buckeye Rd. #4101, Phoenix, AZ 85034

Website: www.gatewaycc.edu/

Facebook: www.facebook.com/gatewaycc/

New Pathways for Youth

At New Pathways for Youth they believe that education, employment, and relationships disrupt patterns that lead to chronic poverty. Their program interrupts the cycle of poverty and adversity the youth face by removing the barriers that exist.

New Pathways provides 1-1 mentoring—and not mentoring that is isolated—mentoring that happens in a connected community of other mentors and mentees, which multiplies the benefits for young people. They train volunteer mentors to serve in a long term relationship and they provide social-emotional, personal development and life skills curriculum through monthly workshops and retreats. A powerful multi-pronged approach to ending poverty and adversity.

Email: Info@npfy.org

Phone: (602) 258-1012

Address: 901 E. Jefferson St., Phoenix, AZ 85034

Website: npfy.org/

Facebook: www.facebook.com/npfyphx/

Teens First

Teens First is a local nonprofit that aims to promote healthy development among teenagers through youth-centered primary prevention programs focusing on the needs of youth in the Phoenix community and providing them a safe space to grow, learn, and share ideas. Teens First works to identify learning, training, and leadership opportunities to ultimately transform the lives of the youth for better future healthier and sustainable communities. All services are completely free. Currently assisting youth ages 12-24. Teens First is committed to providing quality services to youth based on their needs and areas of interest, seeking out and providing evidence-based material, qualified specialists and educators and appropriate opportunities as they relate to their specific goals. Teens First offers training, career development, education, and leadership development services.

Email: Teensfirstaz@gmail.com

Address: Phoenix, Arizona

Website: www.teensfirst.org/

Facebook: www.facebook.com/teensfirst/

Leadership Programs

Arizona Center for Empowerment (ACE)

The Arizona Center for Empowerment (ACE) educates, empowers and engages our state's working families to create solutions to issues of social and economic justice. The Youth Leadership Academy brings together youth that are passionate about making a difference and provides them with the leadership skills and political education they need to truly transform their communities.

Email: Info@empoweraz.org

Phone: (602) 388-9745

Address: 5716 N 19th Ave Phoenix, AZ 85015

Website: www.empoweraz.org/youth-leadership-academy

Facebook: www.facebook.com/AZCenterForEmpowerment/

Arizona Center for Youth Resources (ACYR)

Arizona Center for Youth Resources (ACYR) Youth Leadership Council (YLC) is designed to engage youth to become more involved within the community now and in the future. Youth are trained to enter meaningful roles in the policy and decision-making processes within the local Youth Workforce Development System, their schools, communities, and places of employment.

Youth Leadership Council creates change in the community through:

- Identifying issues within the community and create resolutions.
- Transforming communities and creating positive and social change in the world.
- Providing a valuable youth perspective to the organization's work.
- Dedication to youth leadership, service-learning, diversity, and educational achievement for all.

Email: Genny Malachowski- Gennym@acyraz.org

Phone: (602) 721-9243

Address: 649 N. 6th Ave Phoenix, AZ 85003

Website: acyraz.org/programs/youth-leadership/

Facebook: www.facebook.com/ACYRAZ

Arizona Coalition for Change

Arizona Coalition for Change is a Black-led organization with a dynamic multicultural team that empowers everyday people to transform their community through building civic power, leadership development, and community collaboration. They advocate for lasting progressive public policies that change the dynamics for our communities by putting people first. They work to develop and uplift voices in our communities to take on our nation's most pressing issues.

As a Black-led organization, they firmly believe we are the change needed. They empower the next generation of leadership through a variety of programs like the Young Black Organizer Project, Justice 2021, and their Youth Democracy Initiative; that uplifts Black youth & communities through opportunities to learn how to be civically engaged, mobilize their community; and create sustainable progressive change in the socio-political systems.

Email: Info@azc4c.org

Address: 1241 E Washington St Suite 103, Phoenix, Arizona 85034

Website: www.azc4c.org

Facebook: www.facebook.com/AzC4C/

Arizona Department of Child Safety Youth Empowerment Council

The Arizona Department of Child Safety (DCS) Youth Empowerment Council is a place to be a representative voice for youth who have experienced foster care in the State of Arizona. Council members participate in Youth Leadership panels at conferences and community events, serve as role models for youth in foster care, provide advice for independent living program goals and objectives, advocate for DCS improvements by examining policies, procedures and practices, and recommend adjustments that will result in positive outcomes for youth in foster care.

Email: DCSYEC@azdcs.gov

Website: <https://dcs.az.gov/yec>

Instagram: [AZ_YEC](#)

Central Arizonians for Sustainable Economy (CASE)

The Central Arizonians for Sustainable Economy (CASE) believe that young people are not just the leaders of tomorrow, but the leaders of today. CASE is a diverse group of community leaders committed to raising living standards for all Arizona families through community education, increasing civic participation, leadership development, coalition building, and strengthening partner organizations.

Email: Info@case-az.org

Address: 2150 E. Highland Ave., Phoenix, Arizona 85016

Website: case-az.org/programs/youth-leadership-development/

Facebook: www.facebook.com/CASEphx

Diverse Ability Incorporated

Diverse Ability Incorporated promotes access, equality, inclusion, and the celebration of diversity, through peer-based experiential learning, innovative person-centered practices, and maximized collaboration efforts, designed to heighten knowledge, enhance skills, and foster individual life path planning, and growth.

Diverse Ability Incorporated proudly facilitates the Arizona Youth Leadership Initiatives which include the following youth leadership and engagement services: Arizona Youth Engagement Academy, Arizona Youth Leadership Forum, Arizona Youth Leadership Initiatives Alumni Association, Collaboration and Consulting, Edutainment Incorporated, Emerging Me: My Life Matters.

The Arizona Youth Leadership Forum (AZYLF) is facilitated by Diverse Ability Incorporated, in partnership with the AZYLI Alumni Association, and is funded in part by Arizona Rehabilitation Services Administration, and Arizona Statewide Independent Living Council. Arizona Youth Leadership Forum (AZYLF) is an innovative, multi-day conference, held in multiple regions of Arizona each summer. AZYLF is absolutely free for the youth who are selected, who are referred to as Delegates. This year, AZYLF Regional Conferences will be held online via Zoom, where Delegates can participate from the safety and comfort of their own homes. Actual costs are calculated at \$1,850 per Delegate, which does not include in-kind goods and services donated by volunteer supporters. Up to 25 youth from across Arizona are selected to participate in each AZYLF conference, through a competitive application process. The AZYLF conference successfully integrates youth who represent the diversity of disability and culture in Arizona.

Email: Admin@diverseabilityincorporated.org

Phone: (602) 425-5135

Address: Phoenix, Arizona

Website: diverseabilityincorporated.org

Facebook: www.facebook.com/DiverseAbilityIncorporated/

Leadership Society of Arizona (LSA)

Leadership Society Arizona (LSA) offers different student leadership programs. They have a Logic and Leadership After-School Program, Leadership Getaway, Logic and Leadership Online Summer Program, and free courses. Each one of these programs gives young adults different experiences around leadership. Leadership cannot be taught in a classroom and it can't be explained in a book. Becoming a good leader is about discovering who you are, what you love doing, and how to get where you want to go. LSA doesn't teach students, they introduce them to correct principles that make learning easier, less stressful, and more fun. Check out each program to see which is best for you.

Email: Team@leadaz.org

Phone: (480) 779-8592

Address: 2429 E Hermosa Vista Dr, Mesa, AZ 85213

Website: leadaz.org/programs

Facebook: www.facebook.com/leadershipaz

Mayor's Youth Advisory Commission (MYAC) - Glendale, AZ

The Mayor's Youth Advisory Council (MYAC) is made up of a dynamic group of students with the goal of dedicating their time to serving their community. MYAC engages 40 high school students from across Glendale and assists them in refining their communication and leadership skills. The youth commission members volunteer for community service activities, raise funds for projects, and provide the Mayor with information from a teen's perspective.

MYAC members can be either a high school student who lives within the municipal boundaries of Glendale, OR attend a high school within the municipal boundaries of Glendale.

Email: Custrel@glendaleaz.com

Phone: (623) 930-2000

Address: 5850 West Glendale Avenue, Glendale, AZ 85301

Website:

www.glendaleaz.com/your-government/city-council/mayor-jerry-weiers/youth-advisory-commission

Facebook: www.facebook.com/GlendaleAZ/

Mayor's Youth Advisory Commission (MYAC) - Tempe, AZ

The Mayor's Youth Advisory Commission (MYAC) was established in 1980 in response to the problems youth often face, such as teen violence, pregnancy, substance abuse, depression, and lack of recreational opportunities. While discussed as part of the problem, youth had no voice in local government and were not included as part of the solution. Tempe recognized the importance of youth input and created an advisory commission made up 100% of youth. The Commission reports directly to the Mayor and City Council.

Commission Purpose: To promote youth involvement by:

- Offering a forum for youth to express their views and interests
- Initiating and coordinating activities for Tempe youth
- Providing opportunities to develop leadership qualities
- Representing youths' interests, needs and ideas

Email: Adrian_cascio@tempe.gov

Phone: (480) 350-4311

Address: 31 E. 5th St. Tempe, AZ 85281

Website: www.tempe.gov/government/human-services/family-community-support/family-community-support-resources/mayor-s-youth-advisory-commission-myac

Facebook: www.facebook.com/Cityoftempe

National Youth Leadership Council (NYLC)

National Youth Leadership Council (NYLC) offers young people effective and engaging training in schools and community-based organizations. They have more than 35 years of youth leadership development experience, providing young people opportunities — whether they are just getting started in service-learning, sharpening their focus on education equity, or strengthening communities through youth leadership. NYLC staff develop trainings that match the needs of young people.

Email: Info@nylc.org

Phone: (651) 393-5695

Address: 463 Maria Avenue Suite 108, Saint Paul, MN 55106

Website: www.nylc.org

Facebook: www.facebook.com/nylcorg/

Phoenix Indian Center F.I.N.A.L. Youth Council

The Youth Council determines its activities based on its own needs. Needs can be identified through discussions with members, interviews, surveys, and other types of research. Once needs are determined, the youth council develops their own action plan to implement their activities. The Youth Council determines its activities based on its own needs. Needs can be identified through discussions with members, interviews, surveys, and other types of research. Once needs are determined, the youth council develops their own action plan to implement their activities.

Benefits you gain from participating in the Youth Council depend on what each member puts into the Council. If youth make the most of their opportunities, they will:

- Learn how to work with other young people
- Build strong and lasting friendships
- Develop greater self-esteem and self-confidence
- Develop communication and leadership skills
- Develop organizational skills
- Develop winning attitudes
- Learn how to take responsibility for their actions
- Contribute to making a difference in Indian Country

Email: Youthprograms@phxindcenter.org

Phone: (602) 264-6768

Address: 4520 North Central Ave, #250 Phoenix, Arizona 85012

Website: phxindcenter.org/youth-programming/#1549957941059-b1d7bf44-4cc4

Facebook: www.facebook.com/PhoenixIndianCenter/

Phoenix Youth and Education Commission

The Phoenix Youth and Education Commission voting members shall have the following powers and duties: 1) Review local, regional and national educational issues and recommend the implementation or promotion of those approaches that show the greatest promise to enhance the quality of education within the City. 2) Assist the City in its efforts to develop constructive working relationships with those organizations and sectors of the community that are concerned with promoting youth development and quality education within the City. 3) Promote the exchange of information on youth development and public education. 4) Recommend policies and programs to the City Council that will improve the quality of life for youth residing within the City and advise the City Council concerning opportunities and challenges relating to youth. 5) Report to the City Council on the activities of the Commission with appropriate recommendations. 6) Be responsible for the operation of the educational access channels reserved by the cable television operators licensed by the City of Phoenix; adopt bylaws and develop policies and procedures for the use of the educational access channels; and, may arrange for the use of the facilities, equipment and personnel available for other access channels to produce and program the educational access channel. 7) By September 1 of each year, the Commission will submit a report to the City Council, setting forth the Commission's efforts, results and future plans.

Email: Mailbox.youth@phoenix.gov
Phone: Tim Valencia - (602) 256-3426
Address: 200 W. Washington St., 12 floor Phoenix, AZ 85003
Website: www.phoenix.gov/education
Facebook: www.facebook.com/CityofPhoenixAZ/

Public Allies

Public Allies is a national movement committed to advancing social justice and equity by engaging and activating the leadership of all young people. Their mission is to create a just and equitable society and the diverse leadership to attain it.

Email: Admin@publicallies.org
Phone: (414) 273-0533
Address: 735 N Water St, Ste 550 Milwaukee, WI 53202
Website: publicallies.org
Facebook: www.facebook.com/publicallies/

Puente Human Rights Movement

Puente Youth Program centers the development of young people through culture, politics, leadership, and community organizing for long-term political change. This 5-month semester-long program holds workshops for young people that take place on every other Saturday of the month. You do not have to be a student to participate.

Cohort participants gain community, knowledge, and opportunities to volunteer with Puente's campaigns, projects, and build their own school or community team.

Join Puente Youth Program if you are someone who...

- wants to learn about your cultura;
- wants to do something about problems in your community;
- wants to learn about how politics and policies affect youth of color;
- is or knows someone who is affected by social justice issues;
- wants to develop your voice as a youth to create change

Email: Info@puenteaz.org
Phone: (602) 252-1283
Address: 1937 W Adams St Phoenix, Arizona 85009
Website: www.puenteaz.org/puenteyouth/
Facebook: www.facebook.com/puenteaz/

Sister Cities International

Sister Cities International's mission reflects their belief in the power of personal connections. Since their inception in 1956, Sister Cities International has worked to create global relationships based on cultural, educational, information and trade exchanges. The result? Participants developed lifelong friendships that provide prosperity and peace through person-to-person "citizen diplomacy."

The Youth Leadership Summit (YLS) is designed to engage the next generation of leaders and introduce them to the world of international affairs. Through a specialized diplomatic simulation, site visits, speaker sessions, and peer collaboration, participants will learn how different national interests drive international cooperation on critical issues. The YLS will provide students with effective problem solving strategies, leadership skills, and insights into international affairs.

Email: Info@sistercities.org
Phone: (202) 347-8630
Address: 1012 14th St NW, Suite 1400 Washington D.C., DC 20005
Website: sistercities.org/past-yls
Facebook: www.facebook.com/SisterCitiesInternational

Valley of the Sun YMCA

The Valley of The Sun YMCA has an opportunity for you to get involved with their Youth & Government program during the upcoming fall semester. Youth & Government (YAG) is a national program in 42 states that encourages civic engagement, civil discourse, and leadership. At the heart of the program is the belief that “democracy must be learned by each generation” and this hands-on program is a proven way to develop teens as tomorrow’s leaders.

The Arizona Youth & Government Program has provided outstanding experiential learning for over 70 years to youth from across the state. Youth & Government helps young people define the community action they wish to take, and teaches youth the legislative and judicial processes to facilitate social change. This semester-long program is hosted through several experiential virtual meetings. YAG leads students through topics such as parliamentary procedure, political parties, media, voting, bill writing and debate policy. The semester concludes with the Model Legislature & Court Conference held each year during the first weekend in December at the Arizona State Capitol. During this capstone experience delegates will debate their bills in the State House and Senate, run for office, write a daily newspaper and host State Supreme Court hearings.

The Arizona Youth & Government Program is open to all Arizona students from 6th-12th grade. Participants strengthen their communities by becoming active and responsible contributors who are inspired to lead, and are empowered to become agents of meaningful change in their communities. Now is the time for every Arizona student to get involved. If you are in grades 6-12 and are passionate about your community and want to get involved, hone your skills and gain a broader perspective on state, national, or international politics and policy, then Youth and Government is for you.

Email: -State Director of Youth and Government, Elise Nilles- Elise.nilles@vosymca.org

-Director of Community Outreach, Nick Fernandez- Nicholas.fernandez@vosymca.org

Phone: (602) 257-5124

Address: valleymca.org/about-your-y/locations/

Website: valleymca.org/community-programs/youth-government/

Facebook: www.facebook.com/AZYouthandGovernment/

Pathways to a Brighter Future



opportunitiesforyouth@asu.edu
480-727-3800
<https://oppforyouth.org/>



[@opp4youth](https://www.instagram.com/opp4youth)



[@opp4youthaz](https://www.facebook.com/opp4youthaz)



[@opp4youthaz](https://twitter.com/opp4youthaz)



[@opp4youthaz](https://www.tiktok.com/@opp4youthaz)



[@opp4youthaz](https://www.linkedin.com/company/opp4youthaz)



[OFY Channel](https://www.youtube.com/channel/UC...)